

Suicide Prevention—

When dealing with the suicide of a loved one...

The aftermath of a loved one's suicide can be physically and emotionally exhausting. As you work through your grief, be careful to protect your own well-being.

Keep in touch. Reach out to loved ones, friends and spiritual leaders for comfort, understanding and healing. Surround yourself with people who are willing to listen when you need to talk, as well as those who'll simply offer a shoulder to lean on when you'd rather be silent. **Grieve in your own way.** Do what's right for you, not necessarily someone else. There is no single "right" way to grieve. If you find it too painful to visit your loved one's gravesite or share the details of your loved one's death, wait until you're ready.

Be prepared for painful reminders. Anniversaries, holidays and other special occasions can be painful reminders of your loved one's suicide. Don't chide yourself for being sad or mournful. Instead, consider changing or suspending family traditions that are too painful to continue.

Don't rush yourself. Losing someone to suicide is a tremendous blow, and healing must occur at its own pace. Don't be hurried by anyone else's expectations that it's been "long enough."

Expect setbacks. Some days will be better than others, even years after the suicide — and that's OK. Healing doesn't often happen in a straight line.

Consider a support group for families affected by suicide. Sharing your story with others who are experiencing the same type of grief might help you find a sense of purpose or strength. However, if you find going to these groups keeps you ruminating on your loved one's death, seek out other methods of support. Consider professional help. Depending on the circumstances, you might benefit from individual or family therapy — either to get you through the worst of the crisis or to help you adjust to life after suicide.



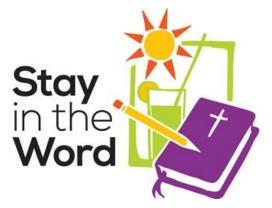
Amy Hubach, Director of Family Ministry

Suicide Grief: Healing After a Loved One Has Died. Retrieved from: https://www.mayoclinic.org/healthy-lifestyle/end-of-life/in-depth/suicide/art-20044900

Summer Read and Sunday Bible Study—

We will be reading/discussing the book The Prodigal Prophet: Jonah and the Mystery of God's Mercy by Tim Keller starting Sunday, June 2. An angry prophet. A feared and loathsome enemy. A devastating storm. And the surprising message of a merciful God to his people. The story of Jonah is one of the most well-known stories in the Bible. It is also the most misunderstood. Many people, even those who are nonreligious, are familiar with Jonah: A rebellious prophet who defies God and is swallowed by a whale. But there's much more to Jonah's story than most of us realize. Author and Pastor Timothy Keller makes the case that Jonah was one of the worst prophets in the entire Bible. And yet there are unmistakably clear connections between Jonah, the prodigal son, and Jesus. Jesus in fact saw himself in Jonah.

This will be a very interesting and enlightening Bible Study. To get a personal copy of the book please sign on the sheet in the Narthex. The cost of the book is \$14.00.



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SCHOLARS CONCLUDE JESUS DIDN'T RISE FROM THE DEAD

"For I delivered to you as of first importance what I also received: that Christ died for our sins in accordance with the Scriptures, that he was buried, that he was raised on the third day in accordance with the Scriptures." 1 Corinthians 15:3-4

It happened again this year like it does every year. Shortly before Easter "documentaries" flood the airwaves telling us the "true story" about Jesus. They then go on to drum up outdated and debunked theories by so called scholars who claim that Jesus never claimed to be God and that He never rose physically from the dead.

It would be laughable if it wasn't so dangerous! An article I read just this week stated:

"A new poll conducted by the British Broadcasting Corporation suggests that a majority of those who consider themselves Christians in the United Kingdom are not convinced Jesus physically died and rose from the dead....More than 2,000 British adults were polled in an online quiz between March 4 and 5. Only 46 percent of Christians believe a "key tenent of the Christian faith," which is that Jesus physically died and physically rose again as the Bible describes it."

Look again at the "headline" at the top of this page. You'd expect a statement like that to be the lead article in one of those cheap tabloids with other articles like "Evidence Shows Elvis is Alive and Well and Living in the White House" or "My Pastor is an Alien from Outer Space."

Unfortunately, it was an article a few years ago from the Religious News Service that was reporting on the conclusions of a group of prominent New Testament Scholars called "The Jesus Seminar."

The Jesus Seminar was a group of about 50 liberal Protestant and Roman Catholic academics who had met periodically over the course of some 30-40 years. Their stated intent was to study the New Testament Gospels and determine what was fact and what was fiction.

Their method was to, as a group as well as independently, study a given passage and then gather together to vote on its authenticity. They did this by using color-coded beads. Red meant they believed it to be an accurate account of Jesus' words and actions. Pink meant it was probable. Gray stood for passages with a remnant of historic truth. And black indicated that the passages had no historic basis at all. Using this method they have concluded that Jesus actually spoke less than onefifth of the words attributed to Him in the Gospels.

In addition, they've determined that He was not born of a virgin and that there is no evidence that He physically rose from the dead on Easter morning. Rather, after His crucifixion (assuming He *was* crucified, His body decayed in some unknown place. It's most likely, they say, that His body was disposed of by those who crucified Him by throwing it in the garbage dump outside Jerusalem.

Interesting thoughts from "theologians" who live almost 2,000 years after the events took place. But they are lies, sort of like the lies the soldiers were paid to spread: that Jesus body had been stolen by His disciples (see Matt. 28:12-15). Well, at least the soldiers acknowledged that Jesus had been buried!

If you were in Bible class last Summer you would have heard "the rest of the story." These highminded theories are not really new. They've floated around for at least the last 200 years and each one of them has been shown to be without merit. Read "The Case for Christ" by Lee Strobel for a welldocumented explanation of these things.

Fortunately, those who were much closer to the events gave a different account. There were women who personally spoke to Jesus on Easter morning (Matt. 28:8-0; John 20:10-18). There were disciples who spoke with Jesus and "recognized Him" (Luke 24:16) and disciples who saw Him, spoke with Him, and even ate with Him on Easter evening (Mark 16:14; Luke 24:36-49; John 20:19-23).

The message of the eyewitnesses regarding the events of Easter was that Jesus as put to death on a cross but Jesus raised Him from the dead (Acts 2:23-24 & 4:10). And these same men remained true to their confession even in the face of terrible suffering, persecution, and death. Now you tell me, would you die for something you knew to not be true? No, neither would I.

We joined those eyewitnesses of Jesus' death and resurrection again this year just a couple of weeks ago on Easter Sunday. And we will join them again and again this year and in the years to come each time we gather together for worship. In our worship and in our daily lives we confidently proclaim that central truth of the Christian faith: "Christ died for our sins in accordance with the Scriptures...[and was raised on the third day in accordance with the Scriptures."

I pray God's blessings for you as you continue to grow in your faith and love for Jesus and as you share your faith out of love for Jesus with others. And I look forward to seeing you soon in church.

Pastor Brooks



The next gathering of the Grace Book Club will be Sunday, **May 26** at 6:30 PM. This date may change. We will be discussing "The Ragged Edge of Night" by Olivia Hawker. Our meeting

place will be at Colleen Fuller's home.

A short summary: Germany, 1942. Franciscan friar Anton Starzmann is stripped of his place in the world when his school is seized by the Nazis. He relocates to a small German hamlet to wed Elisabeth Herter, a widow who seeks a marriage—in name only—to a man who can help raise her three children. Anton seeks something tooatonement for failing to protect his young students from the wrath of the Nazis. But neither he nor Elisabeth expects their lives to be shaken once again by the inescapable rumble of war. As Anton struggles to adapt to the roles of husband and father, he learns of the Red Orchestra, an underground network of resisters plotting to assassinate Hitler. Despite Elisabeth's reservations, Anton joins this army of shadows. But when the SS discovers his schemes. Anton will embark on a final act of defiance that may cost him his life—even if it means saying goodbye to the family he has come to love more than he ever believed possible.

Any and all women are invited to join us for a heartfelt talk and a glass of wine! If you have any questions, you can call Hope at 208-405-6080.

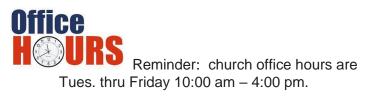
MOBILE BOUND -



NOW is the time to make your plans to attend the 38th Biennial LWML Convention in Mobile, Alabama, June 20–23, 2019. Humorous Interrupter Jan Struck has been

blessed to serve the Lord as a speaker and Bible study leader at workshops, women's retreats, and district and national LWML events. Her joy for the Lord is refreshing as she tells of her faith journey. She leaves her audience energized and inspiredthrough laughter. All in attendance will connect with Jan.

For more details go to the LWML's website at lwml.org/2019-convention





Concordia Circle/LWML—

Meets the first Monday of every month. The next meeting is Monday, May 6 at 7:00 p.m. in the fellowship hall. Donna Rookstool is hosting and devotions will be given by Lillian Pierce. All ladies of the congregation are invited to attend. Please contact Peggy Schroeder with any questions.

Oktoberfest Interest Meeting—

The board of outreach is exploring the congregation's interest in having another Oktoberfest this fall. This is a very big job to continue at the level of last 2 years. We want to know if people like what we have done in the past or would like to see changes. AND we are looking for people who are willing to step forward and **head-up** specific areas such as:

- Dinner: get food, make dinner, serve and clean up
- Beer Garden set up, get beer, wine and other drinks
- Entertainment band, music with sound systems, maybe other singers
- Carnival games and prizes
- Snacks Cotton Candy, popcorn, caramel apples, etc.
- Volunteers recruit what help is needed for each area
- Advertising inserts, flyers, public ads to community

The board of outreach will secure Thrivent cards and certainly head a few of these areas. We have some resources from other years to help people get started. A meeting is scheduled for May 5 during coffee hour. Please attend if you can help out.

Congregational Meeting-

Our next congregational voter's meeting is May 19th. The meeting will begin following a potluck lunch. The Council is meeting on May 14th to finalize the

agenda. <u>Potluck</u> <u>Information</u>: If your last name begins with the letters A-F, bring a salad; G-L, bring a dessert; M-R, bring a meat dish; S-Z, bring a hot side dish.



New Members—

Last month, on Sunday, April 14, we formally received the following new members into our family here at Grace:

- Jim & Lynette, Gabriel & Jessa Boeder, Nampa
- ~ Dennis Carmain, Caldwell
- ~ Michael & Lori Hardin, Nampa
- ~ Erma Ledington, Caldwell
- James & Anjelika, Amelia & Alisyn Pickett, Caldwell
- ~ Heidi & Kayleigh Ross, Caldwell
- ~ Garnett & Marilyn Seay, Nampa

We are glad that they have decided to make Grace their church home. Be sure and introduce yourself.



Mark Your Calendar—

This year's **Love Your City** is scheduled for June 6-8th. We will be looking for people and or groups to serve. Things we can do are painting (small jobs like a room or a fence), household cleaning (windows, etc.), and sorting, organizing, trimming, pruning, weeding, small home repair jobs. If you know someone who could use some assistance please contact Colleen Fuller or another member of the Board of Outreach (MaryEtta Fredrickson, Sharon Hensen, Becky Parry, Linda Symms or Karen Waits) or the church office.



Church Family Prayers—

During each church service we pray for three of our church families. Families are selected

alphabetically, prayed for by name and are listed in the bulletin and monthly newsletter. The postcard reminder will still be sent out in the mail reminding you of the date that you will be specifically prayed for and for you to contact Pastor if there is anything specific you would like prayer for.

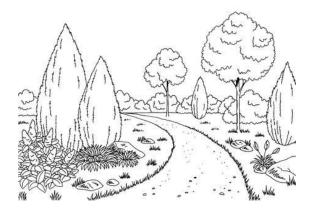
This month we will be praying for the following families:

- Colleen, Erin & Chelsea Fuller
- Trish Haffner
- Mike & Lori Hardin
- Dave & Trish Henderson
- Terry & Sharon Hensen
- Nancy Hoffmann
- Joan Hood
- Flo Hopkins
- Danielle, Jessica, Kate & Ryan Hough
- Scott & Lisa, Emily & Ashton House
- Mike & Lorrie Houston



Preschool Celebration— "Growing in God's Garden"

The end of the school year celebration for both the 3 year old class and the Pre-K class will be on Thursday, May16 at 7:00 pm here at Grace. Light refreshments will be served afterwards. Family and friends are welcome to join.





Grace Lutheran Preschool

Pre-Kindergarten - 4 Year Old Class

April was jam packed with all things Easter & Spring! We continue to review our numbers and letters along with working on writing and counting. Crafts consisted of cherry blossom trees, carrots in a garden, clothes pin donkeys, caterpillars, Easter eggs, cross painting, & a chicken craft. We have some fun creepy crawly caterpillars in our classroom and are patiently waiting for them to turn into butterflies. We are making our own fun butterflies and bees to decorate our classroom. The kids had so much fun playing in our fake mud and earthworms. Earth Day was April 22nd and we celebrated with a fun craft and some yummy cookies.

On April 11th we had a guest visitor in our afternoon class. Karson's Dad, Mr. Naillon, brought his big Fish & Game truck and told us all about how they load the fish and stock the area lakes and ponds with fish. The kids were able to check out the truck and see where the fish go. Mr. Naillon wanted to also let everyone know that the Nampa Fish Hatchery welcomes visitors anytime. Feel free to take the family and head over for a fun field trip to check out their fish. On April 23rd we had the K-9 unit from the police department visit during the morning to teach us about the dogs they use to keep our community safe.

Bible story focus was Easter! The last supper, Palm Sunday, Holy week, Jesus' death & resurrection. Bible Verses were: I am the way, the truth and the life. – John 14:6, Hosanna, Blessed is the King. – John 12:13, He is Risen, He is Risen, Indeed. I go prepare a place for you. – John 14:30

Ms. Amanda & Ms. Patti

3 Year Old Class

April showers bring May flowers and April sure was filled with lots of rain! The kids planted grass seed so they could watch the seed grow into long grass like they see outside to experience growth. Mrs. Lillian introduced the kids to a fun book called Mrs. Wishy Washy... she keeps cleaning the farm animals after they jump in and play in "oh lovely mud" only to have them jump back in the mud after being cleaned. The kids ate "lovely mud" (chocolate pudding) with only their faces, and made farm animals covered in mud to display on our bulletin board in the classroom. Other crafts made were the 3 crosses on the hill water color painted, Easter cross and decorated Easter cut outs. They made a caterpillar and a coffee filter butterfly as we learned about the caterpillar's transformation.

The children learned about the crucifixion and resurrection of Jesus and what the true meaning of Easter means. We had a small egg hunt outside to celebrate.

Thank you parents for participating in parent teacher conferences, it was a joy talking with you about your children's progress this year. Our flowers will be blooming in May and we will be having an end of the year celebration before we send them off into summer break. We will review all of our letters, numbers, colors, and shapes. A new bible verse to finish out the school year is Trust the Lord with all your heart. Proverbs 3:5a. Subjects we will touch on are ocean, salt and fresh water, Cinco de Mayo, and Mother's Day!

Love, Mrs. Katie and Mrs. Lillian



May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>"Every good thing given and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shifting shadow." – James 1:17</i>		1 Preschool 4's Bulletin Deadline 10:30 a.m. Midweek Bible Class 7:30 pm Choir Practice	2 Preschool 3's & 4's 1:00 pm Quilters 5:45 pm Exercise	3	4 8:00 am Group Bible Fellowship - Denny's at Flying J 1:00 pm Kite Flying Family Event	
 5 9:15 am Christian Education 10:30 am Family Worship with Holy Communion Board of Outreach/Oktoberfest interest Meeting during coffee hour Greeters: Larry Lund 	6 7:00 p.m. LWML / Concordia Circle	7 <i>Preschool 3's & 4's</i> 9:30/12:30 Chapel 5:45 pm Exercise	8 Preschool 4's Bulletin Deadline 10:30 a.m. Midweek Bible Class 7:30 pm Choir Practice	9 Preschool 3's & 4's 1:00 pm Quilters 5:45 pm Exercise 6:30 pm Theology on Tap at Burger Theory	10	11 8:00 am Group Bible Fellowship - Denny's at Flying J
12 Mother's Day 9:00 am Muffins with Mom 9:15 am Christian Education 10:30 am Family Worship <i>Board of Education</i> <i>Board of Trustees</i> Greeters: Bob & Vicky Mallon	13	14 Preschool 3's & 4's 5:45 pm Exercise 7:00 pm Council	15 Preschool 4's Bulletin Deadline No Midweek Bible Class	16 Last Day of Preschool 3's & 4's 1:00 pm Quilters 7:00 pm Preschool Celebration	17	18 8:00 am Group Bible Fellowship - Denny's at Flying J
 19 9:15 am Christian Education 10:30 am Family Worship with Holy Communion Potluck and Congregational Meeting after church 6:00 pm Goodbye BBQ for H.S. Seniors. Greeters: Linda McAuslan, Trish Haffner 	20	21 Newsletter Deadline 5:45 pm Exercise 6:00 pm Elder's	22 Bulletin Deadline 10:30 a.m. Midweek Bible Class	23 1:00 pm Quilters 5:45 pm Exercise 6:30 pm Theology on Tap at Burger Theory	24	25 8:00 am Group Bible Fellowship - Denny's at Flying J
26 9:15 am Christian Education 10:30 am Family Worship 6:30 pm Grace Book Club Greeters: Ken & Carol McIntyre	27 memorial DAY	28 5:45 pm Exercise	29 Bulletin Deadline 10:30 a.m. Midweek Bible Class	30 1:00 pm Quilters 5:45 pm Exercise	31	